

SJIIM Weekly Update

23rd April 2021



Lasallian Youth Movement: Building a Common Good

In these unprecedented times, we find ourselves conflicted - do we serve ourselves or others? Seeking social justice and serving the poorest members of society has never been more necessary, however, it has also never been more difficult. Many of us feel frustrated that our call to serve has been disrupted, but we must never lose sight of our concern for others and our ambition to build a common good. The LYM community, gather together with a shared passion for building a better community and this year, we have been determined to be together and serve together.

Pursuing the LYM mission amid the pandemic was a difficult experience; we were not allowed to have any physical CCA sessions nor carry out some of the projects we planned due to restrictions. However, this also meant an opportunity to learn from new and unique experiences and build teamwork by overcoming difficulties together. During the LINE conference, some of the LYM members interacted with Lasallian students and staff members from different countries to learn through the words and life of our founder and devise a project that could embody the values of faith, community, and service. We also carried out the Guardian Angel project, in which the students became anonymous supporters for each other to boost Christmas spirit during the unprecedented virtual school. We also continued running our CCAs through Zoom, which gave us an opportunity to meet new members and even contribute to the whole school service project, Hampers of Light, where LYM members designed cards and collated messages of hope written by HS students to be attached to every hamper. LYM members continue to adapt and face challenges together by moving our CCA to Friday lunchtimes, where we hope to have fun and serve the SJIIM community and beyond during Term 3.

We are also fast approaching Founder's Day, celebrated globally in Lasallian communities on 15th May, but on Friday 21st May at SJIIM. On this day, we commemorate and celebrate the founding of the Institute of the Brothers of the Christian schools, where the patron saint of teachers, St John Baptist De La Salle, is appreciated for his devotion to the last, the lost and the least. Despite some difficulties, we are continuing to make efforts towards uplifting the Lasallian spirit within the SJIIM community. T-shirts will be designed by a team of Year 12 students to reinforce the significance and true meaning of this day with proceeds donated to a worthy cause. The LYM, as a whole, will plan and perform an assembly to engage the entire school community to participate in our commemoration of our Founder's service and his lasting impact on the students. The Deputy Leaders are taking on the challenge of capturing our community through the creation of a Founder's Day Video and our younger LYM members will be working on a surprise or two to welcome students and staff into school on this special day. In the very near future, the LYM will collaborate with parent groups and the SRC to leave a more overarching impact on SJIIM and its surrounding communities. We are also planning to introduce Paper Bridges, an international non-profit organisation with the Malaysian National Team led by Scarlet, so that all the LYM members can earn firsthand experience in service and volunteering. Most importantly, we will expand Project Necessities and invite the rest of the school community to assist victims in need of short-term aid.

The LYM is a movement - it is dynamic, active and cooperative. In accordance with the definition of movement - a group of people working together to advance their shared ideas - we are always looking for new members that are willing to share their ambition for building a common good in their communities with other encouraging and passionate members.

"Being part of the leadership team was definitely intimidating at first, as the LYM already had a prominent reputation within the school community. However, when I attended the leadership meetings, all the other members were incredibly encouraging and helpful when planning for projects. We hope you look forward to our future plans as much as we do!"

- Alysa Caroline Marcellus (Year 10), LYM Deputy Leader

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“Despite my nervousness due to the unprecedented circumstances, LYM members were extremely supportive and positive, which allowed us to achieve more than anyone would have expected. I feel grateful for getting to know people that share the same passion, and I am looking forward to more of what the LYM will achieve.”

- Janice Cheow (Year 10), LYM Deputy Leader

“Although we have faced many obstacles for the past two terms, we have succeeded in pursuing the Lasallian values through our contribution to the LINE Conference, Guardian Angel project, and many other events. We hope to incorporate more opportunities such as Paper Bridges into the LYM to give the members access to direct service experience and reinforce the relationship between SJIIM and its surrounding community. We hope you send us continuous attention and support to our cause.”

- Scarlet Kyu-Ri Kim (Year 12), LYM Leader

“Since the start of the academic year, LYM has constantly been coming up with ways to bring the school community together. The LYM hopes to continue working with parent groups and the SRC in term 3 to touch more hearts, even with restrictions like virtual school. We hope for your attention and support during these trying times as we launch projects that aim to help the Last, the Lost and the Least.”

- Taewon Choi (Year 12), LYM Leader

If you are interested in joining the LYM then please contact Mrs Stacey (vcstacey@sj-international.edu.my) or one of the LYM Leaders:

Scarlet (22kyurik@sj-international.edu.my)

Taewon (22taewonc@sj-international.edu.my)

- Written by Scarlet Kim, Taewon Choi



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Catholic Corner

This week we pray for our school community. We pray for those who have been affected by Covid- 19. We also pray for our high school students who are busy preparing for their IGCSE and IB examinations. May the Lord protect and watch over our school community.



A new command I give you: Love one another. As I have loved you, so you must love one another. – [John 13:34](#)

As part of their work in Lasallian education, our Early Years and Phase 1 (Years 1 and 2) students explored the Lasallian value 'Community'. Each class were given the opportunity to talk about the communities that they belong to. In doing so, our students were able to form stronger connections with each other. A range of activities were shared with the children which allowed them to think about how they could show greater love towards members of their school community. God's word tells us that we simply can not function without each other. We need each other and we need community. All of the students learned about the importance of supporting one another and examined different ways in which we can build a stronger and more united community at school. To conclude their learning each child designed their own bird. Birds were chosen as they flock together and help each other, just like our school community.



Dear God
We bring all the students before you who will be writing exams.
We ask your Holy Spirit to guide them and give them the understanding and knowledge that comes only from you.
Grant them favour, and bring the information that they have studied to mind that is needed for each exam they take.
Bless each student,
In Jesus Name, we pray.
Amen.

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Parent led Webinar Series - Session 1: Intuitive-Based Parenting

The first session of our parent led webinar series is right around the corner. Session one will be led by Komal Chopra, a certified meditation and mindfulness instructor. The session is titled, 'Intuitive-based Parenting'.

Please click the [link](#) to register. If you have any questions, please feel free to contact Mrs Fedorowicz (sfedorowicz@sj-international.edu.my).

Register Today!

Parent-Led Webinar: Meet The Speaker



**KOMAL CHOPRA
JODHA**

Meditation Teacher,
Mindfulness Trainer &
Mental Health Coach

Intuitive-Based Parenting

Tuesday 27th April @ 8:30pm

Body Image Workshop

A big thank you to the parents who attended our Body Image information sessions on Monday; we hope it was useful. Thank you to Mr O'Connor, Mr Ruxton and Miss Levison who led the sessions. We are planning a further session for parents of students in Y9 and above before the end of the academic year.

If you would like the slides that we used or further discussion, please contact abayfield@sj-international.edu.my.

Why is body image an issue?

- 36% of girls and 24% of boys report avoiding taking part in activities like physical education due to worries about their appearance. (Be Real. Somebody Like Me, 2017)
- 42% of 1st-3rd grade children in the US want to be 'thinner'. (Asanda's Big Dream)
- The average woman spends 31 years, and men 28 years of their life on a diet. (Daily Mail, 2007)
- How children see themselves can affect every aspect of their lives – either negatively or positively.
- It affects their short- and long-term choices.
- It can impact their ability to meet people and make friends.
- It can prevent them from wanting to try new things or even seek higher education.
- These social consequences often last a lifetime. (Body Image (Children and Teens), Daron Gersch, MD, FAAP, 2021)

Elementary Weekly Update



Book drive

The PSG's book drive collection time will be extended to 7th May. Please keep sending in your gently used books so we can give all of the children the option to choose some wonderful books to bring home.

World Book Day Reminders

World Book Week in Elementary School was a roaring success! Students enjoyed assemblies, "drop everything and read", drama, poetry activities, book battles and book-driven art lessons. The children particularly loved trying to work out which teachers-in-disguise were telling them a story in the "Masked Reader" and sharing their "Extreme Reading"!

At SJMIM, we believe that reading for pleasure is incredibly important, and gives students both skills that aid their learning and a wonderful hobby which will last a lifetime. It has been a joy to celebrate our passion for books in ES this week, and we look forward to seeing the children in their costumes on our postponed dress-up day, which is currently scheduled for next Friday.

Can you guess which teachers are in these photos?

These are some of our 'masked' readers that have shared stories with the children this week.



High School Weekly Update



HS Art and Design - Sheena Kelly

Art And Science

DP 1 Students Neha Goswami and Hui Mei Chia have been exploring light, chemicals and image making by developing Cyanotypes. A Cyanotype is a photographic printing process that produces a blue print. The cyanotype process uses a mixture of iron compounds, which when exposed to UV light and washed in water oxidise to create Prussian Blue images. The technique was invented in 1841 by Sir John Herschel and was popularised by photographer and botanist Anna Atkins.



Meet the Artist

On Friday, 16th April, the four Year 9 classes had a fantastic opportunity to meet with an artist that we have been looking at as inspiration for their upcoming surrealist artworks. Irish painter, Tony Oakey zoom called us from his chilly minus 1°C studio in Ireland. He explained his journey to becoming an artist, his inspirations and his methods.

After the call Mr Oakey emailed to say he enjoyed the experience... “ after reading the questions and answering them truthfully I think that sometimes I just take what I do for granted and it's not until someone asks you to describe your day that I realized that I am actually "living my dream". I hope my talk encouraged the kids to let their imaginations take over a bit more when they paint. Thanks for the opportunity to meet with the students and for using me as an example of a surrealist artist.”



National Comic Art Competition Open to Secondary and Primary students see [Slides](#) for more information



Collaborative Commemorative Artwork

As many of Year 11s art students will leave SJIIM or not pursue art next year, the students are creating a collaborative piece to commemorate their time spent in Art class.

STRAVA RUNNING UPDATE

Mutien

6961

Miguel

6446

Jaime

4070

Benilde

3176

This week's top 3!

Miguel

1. Eva W
2. Joyce Lim
3. Tze Kirk Lee

Mutien

1. Teik Hin Ng
2. Jenshen Ng (Student)
3. Ven Chellam

Benilde

1. Joe Taylor (Humanities Teacher)
2. Sow Wang Ng
3. Huei Hsin Lim (Student)

Jaime

1. Michaela Goodson
2. Jeff Hashim
3. Gavin King (Science Teacher)

SOME TIPS IF YOUR MILES HAVE DROPPED...

- ★ Change up your running route - it's nice to see new things
- ★ Treat yourself to some new running shoes - it'll be sure to get you out again
- ★ Make a new playlist, or find a new book/podcast to listen to
- ★ Now we can, find a running partner, or even group
- ★ Run for time, not distance
- ★ Leave your gear close to the door!

We've dropped of the pace... how can we kick it up a notch?

Useful Links



[ES Student Absence Form](#)
[HS Student Absence Form](#)



[HS Parent Calendar 2020/21](#)
[ES Parent calendar 2020/21](#)



[Whole School Teaching Staff Email 2020/21](#)



[Term 3 AY 20/21 meal charges](#)
[ES Menu April 2021](#)
[HS April 2021 Menu](#)



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[PSG Update](#)



[U
Counsellor \(TBA\)](#)



[CCA \(Schoolsbuddy\)](#)



[Epurple Tapestry \(For ES\)](#)
[Parent portal \(For ES\)](#)



[CCA \(Schoolsbuddy\)](#)

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or call 0125537202

[School Bookshop](#)